

HED

HED Classes

HED 508 : Personal Behavior Choice

This course provides an opportunity to explore the full range of personal health concerns of individuals in the United States, especially those issues which can be addressed through health education. In this course, students will examine and develop health education strategies for improving health behavior.

HED 541 : Nutrition and Physical Fitness

Students will examine the reciprocal nature of nutrition and physical fitness in health. The student will be taught content and specific strategies for working with various populations.

HED 542 : Chemical Dependence Education & Prevention

Students will develop an understanding of the causes of chemical use and abuse. There will be an emphasis on acquisition of knowledge and skills useful in developing strategies or implementing effective, research based chemical dependence education and prevention programs with focus on youth.

HED 543 : Human Sexuality

Students will examine sexuality content, attitudes, and behaviors as well as a range of sexual variations and their relationship to cultural and societal norms. Participants will develop plans to present human sexuality training.

HED 558 : Foundations of Health Education

Roles, practices, and functions of the health educator will be placed in a historical context. Special attention will be given to behavior and program models that influence health practices and delivery of health education in schools and communities. This course should be taken early in the program. Twenty-five hours Field Experience is required.

HED 564 : Health Education Methods

This course is designed to prepare students to present health education lessons and programs in schools and community settings for a variety of audiences. Topics and focus will include: science-based, instructional design; learner-centered instructional strategies, skills-building, standards focus and authentic evaluation methods. Twenty-five hours Field Experience is required.

Prerequisites

HED 558 , 2 of the following courses: HED-541, HED-542, HED-543, , HED-570

HED 570 : Stress Management Techniques

Students will analyze sources of stress and its impact on health status. Techniques for preventing and coping with distress will be demonstrated and applied.

HED 578 : Collaboration in Ed Settings

Students will examine theories and practices of collaboration in school settings. Strategies for developing effective team approaches with special education personnel, other school staff and parents will be analyzed and discussed.

HED 585 : Counseling Culturally Diverse Populations

The focus in this course will be on preparing counselors who will be able to assure students of culturally diverse backgrounds access to appropriate services and opportunities which promote maximum development. Counseling students will be expected to conduct self-examination of their personal values, attitudes, and beliefs regarding cultural diversity in the schools. Counseling techniques will be explored which will foster the interest of culturally diverse students in careers that have been traditionally limited or closed. Also emphasized will be small group and classroom activities which enhance self-esteem and cultural awareness, and which develop acceptance and appreciation of cultural diversity.

Prerequisites

PSY 571 or permission of instructor

HED 595 : Conflict Resolution in School Setting

HED 640 : Issues in Community Health:

Students will examine and apply various community health topics including program planning, budgeting, and assessments needed for community change. Ethical issues related to working with competing priorities and limited resources will be examined. All courses must be completed prior to HED 640 or with special permission from instructor.

HED 649 : Health Education Student Teaching K-8

This course focuses on the application of health education teaching strategies and assessments that can be implemented in classroom settings in grades K-8. Student teaching is arranged by the Esteves School of Education each semester. Students planning to student teach in the Summer or Fall semesters must request placement in the first two weeks of the Spring semester. Students planning to student teach in the Spring semester must request placement in the first two weeks of the Fall semester. In addition to student teaching there is a required weekly seminar. A \$250 fee is required for each placement.

Prerequisites

HED-564

HED 650 : Health Education Student Teaching 9-12

This course focuses on the application of health education teaching strategies and assessments that can be implemented in classroom settings in grades 9-12. Student teaching is arranged by the Esteves School of Education each semester. Students planning to student teach in the Summer or Fall semesters must request placement in the first two weeks of the Spring semester. Students planning to student teach in the Spring semester must request placement in the first two weeks of the Fall semester. In addition to student teaching there is a required weekly seminar. A \$250 fee is required for each placement.

Prerequisites

HED-564

HED 651 : Health Education Student Teaching for Certified Teachers (K-12)

HED 652 : Community Health Education Practicum & Portfolio

This course is designed to provide a 210 hour culminating experience for students in the Community Health Education track by affording them an opportunity for a supervised practicum experience either in a school or community-based setting. Individual placements will be based upon the student's personal career goals. A portfolio and presentation summarizing the experience will be required. Students will meet regularly with their advisor and, also, have the opportunity to share with other students working in the field.

Prerequisites

completion of all other program requirements or prior written approval by the graduate program director

Advising Note

Take HED-640;

HED 654 : Health Education Student Teaching for Certified Teachers

Practice teaching for school teachers who have initial certification in another subject area is arranged by the college in each semester. Students planning to teach must request placement in the semester preceding the student teaching semester. Students will participate in a required weekly seminar. A \$250 fee is required for each placement.

Prerequisites

Phase I , II courses