

# Psychiatric Mental Health Nurse Practitioner Across the Lifespan

Graduates of this track are eligible to be certified by New York State as psychiatric nurse practitioners and to take the examination for certification at the national level from the American Nurses Credentialing Center as an adult psychiatric nurse practitioner (which includes: adolescent, adult, and geriatric practice), or family psychiatric nurse practitioner (which includes child, adolescent, adult, and geriatric practice).

Consistent with the changing health care system, graduates of this program will have the theoretical knowledge and clinical skills to provide primary and continuing mental health care: promote mental health, prevent mental illness, and diagnose and treat clients who demonstrate acute and chronic mental illness and/or substance abuse. Treatments include counseling, psychotherapy, and prescribing drugs.

A sound theoretical base of neurobiology, physiology, pharmacology, and human behavior theories provide the underpinnings for courses and practice related to comprehensive mental health assessment, diagnostic formulations, and therapeutic interventions. Psychotherapeutic processes include individual, group, and family therapy. Further, graduates would be qualified to provide case management, conduct and develop psycho-education programs, supervise support service staff, and provide consultation in non-psychiatric settings.

## Course Requirements

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(Prior to registering each semester, students need to meet with their advisor for individual program planning)

### Core Courses

Item #	Title	Credits
NSG 558	Paradigms & Persp Adv Prac Nsg	
NSG 559	Nursing in Sociopolitical Env	
NSG 649	Transforming Advanced Practice Roles	

### Research Courses

Item #	Title	Credits
NSG 508	Research Methods	
NSG 611	Research Seminar	

### Cognate Courses

Item #	Title	Credits
BIO 560	Advanced Human Pathophysiology	
BIO 584	Neurobiology	

## Supporting Courses

<b>Item #</b>	<b>Title</b>	<b>Credits</b>
NSG 622	Advanced Pharmacology	
NSG 624	Advanced Psychopharmacology	

## Clinical Courses

<b>Item #</b>	<b>Title</b>	<b>Credits</b>
NSG 606	Theory/Practice Psychotherapeutics Across the Lifespan	
NSG 610	Family Processes	
NSG 615	Diagnostic Mental Health Assessment & Intervention	
NSG 557	Group Processes Throughout the Life Span in Health Care	

## Functional Area Courses

- There is a mandatory clinical lab fee.
- NSG 619 is required as pre-requisite for all subsequent clinical courses.

<b>Item #</b>	<b>Title</b>	<b>Credits</b>
NSG 619	Diagnostic Health Assessment	

## Nurse Practitioner

<b>Item #</b>	<b>Title</b>	<b>Credits</b>
NSG 656	Fam PMHNP Prac Child/Adol	3
NSG 657	Fam PMHNP Prac Adult/Geri	3
<b>Total Credits</b>		<b>48</b>