

# OTH 515/515L : Occupational Engagement in Adulthood with Lab

This course provides a foundational view of the role of occupation with persons, groups and populations throughout typical and atypical adult development from young adulthood to end of life. Occupational performance, health and wellbeing will be examined with a focus on applying the Occupational Therapy Practice Framework (OTPF-4) to adult development. The meaning of occupation with a personal exploration of meaningful choice of occupations will be considered. Lab will focus on adult development and the context and conditions that impact engagement in occupations. The principles of lifestyle redesign, functional group process, health and wellness interventions will be examined. Students will explore the development of their professional identity as an OT and gain emerging practitioner skills through therapeutic use of self and interview skills.

**Credits** 4