

# NSG 606 : Theory/Practice Psychotherapeutics Across the Lifespan

Analysis of major practice models used in counseling and psychotherapy of clients in brief treatment (psychodynamic, behavioral, cognitive, person-centered, existential, reality, crisis, spirituality, multi-cultural, and bio-psychosocial). These models have application in mental health promotion, mental illness intervention, bereavement, palliative care, and coping with acute or chronic medical disorders