

# Off Campus

Employee Services (Employee Assistance Program), 1-800-252-4555

- Provides free, confidential, professional assistance to any Sage employee and/or family member.

**Community/Self Help Resources**

(all numbers in 518 area code)

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| Albany Citizens Council on Alcoholism and Other Chemical Dependencies | 465-5470 |
| Equinox, Albany   | 434-6135 |
| Hope House, Albany  | 427-8207 |
| St. Peters Addiction & Recovery Center, Albany                        | 458-8888 |
| Conifer Park, Troy  | 274-5143 |
| Hudson Mohawk Recovery Center, Troy                                   | 272-3918 |
| Rensselaer County Substance Abuse Services, Troy                      | 270-2800 |
| Alcoholism Council of Schenectady                                     | 346-4436 |
| Alcoholics Anonymous  | 489-6779 |
| Narcotics Anonymous   | 435-0215 |
| Al-Anon/Adult Children  | 477-4476 |