

SPS 620 : Working with Families in Sport

This course is designed to examine the psychological aspects of team sports and sport/athletic participation in relation to family systems, therapy and interventions. Specifically, the areas of: understanding therapy terms such as: roles, personalities, triangles, self-psychology, systematic desensitization, boundaries, communication and more will be investigated.

Credits 3

Prerequisite Courses

SPS 529

SPS 530