

PSY 571 : Theories of Counseling

Theories of Counseling is designed to provide students with experiences that include an examination of the historical development of counseling theories, an exploration of affective, behavioral, and cognitive theories, and an opportunity to apply the theoretical material to case studies. Students will also be exposed to models of counseling that are consistent with current professional research and practice in the field so that they can begin to develop a personal model of counseling. These studies will facilitate the understanding of the nature and needs of individuals at all developmental levels through examination of theories of individual and family development and transitions across the life-span. Particular emphasis will be placed on theoretical application in the school setting.