

PSY 567 : Group Counseling Dynamics

Students examine selected theories of group counseling and group process, and learn about the stages of group development including the characteristics of each stage. Effective and ineffective group member and group leader behaviors pertinent to each stage are examined. The processes of forming counseling and task oriented groups are discussed, and theory and research on small group functioning is examined. In class exercises are utilized to illustrate the dynamics of counseling group functioning. Techniques for establishing counseling groups for children, adolescents, and the elderly are explored.